

Beauty Boost™ are packed with key vitamins and nutrients that are essential to supporting weight loss. When added to your daily regimen, they can reduce your calorie intake while providing vital protein and nutrients to aid your full-spectrum transformation.

REAL PEOPLE, REAL RESULTS.



ALLERGEN-FREE

Unlike most shake products, PureNourish and the Boosts are entirely free of soy, preservatives, dairy, genetically modified organisms and wheat.

NUTRIENT-DENSE

When your only focus is cutting calories, you simultaneously cut out lots of key nutrients. PureNourish and the Boosts are more nutrient dense, per calorie, than similar products and have no empty sugars, reducing caloric intake without sacrificing daily dietary requirements.

POSITIVELY BALANCED

If your body isn't adequately supported by the right blend of nutrients, low-calorie diets can cause fatigue, muscle loss and damage to your hair, skin and nails. The synergistic fusion of PureNourish combined with the Boosts allows you to achieve your weight loss transformation goals without depriving your body of balanced nutrients.

These results are not typical. The Slenderiiz Program helps you take in fewer calories than you burn via calorie-restricted eating, healthier food choices and increased physical activity. You can expect to lose up to 12 to 15 pounds in a month depending on a number of factors.





Supplement Facts

Serving Size: 2 Scoops (32.5 g)

	Amount Per Serving	
Total Calories	116	
Total Fat	2.5 g	3%
Saturated Fat	0.7 g	3%
Trans Fat	0 g	**
Polyunsaturated Fat	1.2 g	**
Monounsaturated Fat	0.5 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	9.3 g	3%
Dietary Fiber	7.4 g	25%
Sugars	<1 g	**
Protein	18 g	30%
Vitamin A (as beta carotene) 150	mcg RAE	16%
Vitamin C (as calcium ascorbate)	30 mg	33%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acetate)	7 mg	45%
Thiamin (as thiamin HCI)	1 mg	83%
Riboflavin	1 mg	77%
Niacin (as niacinamide)	10 mg	62%
Vitamin B6 (as pyridoxine HCI)	1 mg	59%
Biotin	150 mcg	500%
Pantothenic Acid (as d-calcium pantothenate)	5 mg	100%
Calcium	40 mg	3%
(as calcium ascorbate, calcium phosphate d-calcium pantothenate)	,	
lodine (as potassium iodide)	38 mcg	25%
Magnesium (magnesium amino acid chelate)	40 mg	10%
Zinc (as zinc gluconate)	3.8 mg	25%
Chromium (as Chromium Picolinate)	31 mcg	89%
Sodium	6 mg	1%
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Sodium 6 mg 1%
Potassium (as potassium iodide) 5 mg <1%
Digestive Blend¹ 8200 mg **
CProbiotics, Prebiotics, and Enzymes)
Soluble Corn Fiber, Alpha-Amylase, Neutral Protease,
Lactase, Lipase, Cellulase, Lactobacilllus plantarum

Docosahexaenoic Acid (DHA Powder) 400 mg **

* Percent Daily Values are based on a 2,000 calorie diet **Daily Value not established. Other Ingredients: Pea Protein, Sunflower Lecithin, Natural Flavors, Stevia Leaf Extract (Rebaudioside A), Xanthan Gum, Guar Gum, Cranberry Fruit Protein Powder, Dutch Cocoa Powder, Coconut Oil Powder, Cranberry Fruit Powder, L-Tryptophan





PureNourish[™]

HIGH PROTEIN, PURE NUTRITION

PureNourish is a dietary supplement designed to enhance digestion and optimize nutrient absorption.

Each serving combines 15 essential vitamins and minerals with 18 grams of high-quality plant protein, a blend of probiotics, prebiotics and enzymes and 25% of your daily recommended fiber in a satisfying supplement shake — plus it's only 116 calories! Using pea protein, rather than animal-sourced protein, enhances digestion and aids optimal nutrient absorption while keeping the sodium content to a low 6mg per serving.

BLENDED BRAIN POWER

Believe it or not, your brain is actually 60% fat and supported by Omega-3 fatty acid, primarily in the form of DHA (docosahexaenoic acid). Think of it as a charger for your body — it's critical for optimal brain function. This specific type of fatty acid is absorbed by the brain in preference to other fatty acids, making it the best way to boost your brain power.



RECOMMENDED USAGE

Mix two scoops of PureNourish with your choice of Beauty Boost or Power Boost and 8 oz. of cold water. Shake vigorously to blend. For a creamier shake, use almond or coconut milk.



Supplement Serving Size: 1 Scoop (14.48 g) Servings Per Container: about 28	Fac	ts
	Amount Per Scoop	%Daily Value*
Total Calories	55	
Total Fat	2.3 g	2%
Saturated Fat	1.9 g	10%
<i>Trans</i> Fat	0 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	5.6 g	2%
Dietary Fiber	1.9 g	6%
Sugars	3.1 g	**
Protein	1.4 g	**
Sodium	0 mg	0%
Branched-Chain Amino Acid Blend L-Leucine	724 mg	**
L-Isoleucine		
L-Valine		
L-Glutamine	579 mg	**
Medium-Chain Triglycerides (Coconut Based)	724 mg	**
*Percent Daily Values are based on a 2,00 **Daily Value not established.	00 calorie d	liet

Other Ingredients:

Cocoa Powder (Theobroma Cacao), Agave Powder, Coconut Milk Powder (Cocos Nucifera), Sunflower Lecithin, Natural Flavor, Guar Gum, Stevia, Salt.

Power Boost™

LOSE THE WEIGHT, KEEP YOUR STRENGTH

Power Boost supports lean muscle mass while boosting mental cognition, increasing energy and promoting weight loss through a blend of L-glutamine (an amino acid found in your muscles) and medium-chain triglycerides.

It's blended with cocoa beans, valued not just for their wonderful flavor but also for their high antioxidant content and increased cardiovascular benefits. Coconut oil is also added to provide a rich source of energy that tends to be burned by the body rather than stored as fat.

Use Power Boost as an addition to PureNourish or on its own to help replenish energy and nutrients post-workout.



















RECOMMENDED USAGE

Mix one scoop of Power Boost with two scoops of PureNourish and 8 oz. of cold water. Shake vigorously to blend. For a creamier shake, use almond or coconut milk.



Supplement Facts

Serving Size: 1 Scoop (5.8 g)

0 0 g	0%
	0%
2 mg	1%
5 g	2%
4 g	**
mcg	333%
) mg	**
) mg	**
) mg	**
)	

extract, acerola fruit juice, camu camu fruit juice, onion bulb extract, açaí berry, mangosteen fruit concentrate.

Aquamin® (Red Seaweed) 550 mg

*Percent Daily Values are based on a 2.000 calorie diet **Daily Value not established.

Other Ingredients:

Erythritol, Natural Mandarin Orange Flavor, Natural Flavors, Stevia Leaf Extract (Rebaudioside A), Citric Acid.

Beauty Boost™

SPARKLE AND SHINE

Beauty Boost contains a proprietary blend of ingredients with a bevy of health benefits, especially for those who've recently experienced rapid weight loss or are looking to manage their weight.

Although it's formulated to address the specific nutritional needs of hair, skin and nails, your internal systems will also benefit from Beauty Boost's vitamins, minerals and bioflavonoids found in a variety of natural plant extracts.

Whether you're experiencing a decline in the quality of your hair, skin and nails, or you're simply looking for an extra boost to your beauty regimen, this powerful supplement will have you feeling renewed and restored.















RECOMMENDED USAGE

Mix one scoop of Beauty Boost with two scoops of PureNourish and 8 oz. of cold water. Shake vigorously to blend. For a creamier shake, use almond or coconut milk.



FREQUENTLY ASKED QUESTIONS

What makes PureNourish unique?

Unlike most shake products, PureNourish is entirely free of soy, preservatives, dairy, genetically modified organisms and wheat. This makes PureNourish safe to consume for many individuals who have intolerances to these ingredients. Simply put, PureNourish is the premium choice for nutrition!

What makes Power Boost unique?

Power Boost helps improve protein metabolism and stamina recovery and provides branched-chain amino acids (BCAAs). Branched-chain amino acids help maintain muscle on a low-calorie diet, while medium-chain triglycerides accelerate nutrient conversion and assist with appetite suppression, giving you a convenient way to get the most from your nutrition without sacrificing quality.

What makes Beauty Boost unique?

Specialized ingredients such as biotin, papaya fruit powder, Aquamin™ red seaweed extract and Dermaval™ superfood provide additional vitamins, minerals and enzymes that have been proven to be useful to the body. Try Beauty Boost and take your PureNourish to the next level!

What are the benefits of PureNourish?

- Supports healthy digestion
- Supports optimal memory function
- Aids cardiovascular and liver wellness
- Contains plant-derived amino acids
- Good source of DHA Omega-3's
- Probiotic, prebiotic and enzyme blend
- Nutrient dense without the calories
- Sweetened with stevia
- 15 vitamins and minerals
- 18g of plant protein
- Vegan
- Non-GMO
- Gluten free, soy free and dairy free
- · Low glycemic
- · No artificial flavors or colors
- · Natural vanilla flavor

What are the benefits of Power Boost?

- Enriched with pure cocoa for antioxidants and cardiovascular support
- Medium-chain triglycerides from all-natural coconut oil enhance endurance
- L-glutamine supports optimal athletic performance and recovery
- Branched-chain amino acids decrease mental fatigue and preserve lean muscle mass
- For use with PureNourish Natural

What are the benefits of Beauty Boost?

- Flavored with mandarin orange extract and dried papaya
- Formulated with Dermaval[™], a superfood supplement, for additional phytochemicals and enzymes
- Contains Aquamin[™], a seaweed extract rich in bioavailable minerals
- · Added biotin for healthy nails
- For use with PureNourish Natural

What is the recommended dosage of PureNourish?

Add two scoops to 8 oz. water, blend and enjoy once per day.

What is the recommended dosage of Power Boost and Beauty Boost?

Add one scoop of either Power Boost or Beauty Boost to your PureNourish shake or use alone with 8 oz. of water or your favorite nut milk and enjoy once per day.

How long does one pouch of PureNourish, Power Boost and Beauty Boost usually last?

If used daily with the recommended daily use, all Slenderiiz products will last about 28 days.





FREQUENTLY ASKED QUESTIONS

How should I store PureNourish and the Boosts?

Store in their sealed pouches in a cool, dry location.

What can I mix PureNourish with?

Mix PureNourish with water or your favorite nut milk.

What can I mix the Boosts with?

Add one scoop of either Power Boost or Beauty Boost to your PureNourish shake or use alone with 8 oz. of water or your favorite nut milk.

Can I take PureNourish or the Boosts if I am allergic to one of the ingredients or am taking medication?

Always consult a healthcare physician prior to beginning any new weight loss program or dietary supplement if you have allergies or are taking medication.

Can I take PureNourish or the Boosts if I am pregnant or breastfeeding or have a medical condition?

Always consult a healthcare physician before beginning any new weight loss program or dietary supplement while pregnant or breastfeeding or if you have a medical condition.

What does DHA do?

The human brain is made up of nearly 60% fat. In recent years, we've learned that fatty acids are among the most crucial molecules that determine your brain's integrity and ability to perform. Essential fatty acids (EFAs) are required for maintenance of optimal health but they can't be synthesized by the body and must be obtained from dietary sources. The long chain omega-3 fatty acid, docosahexaenoic acid (DHA), is a major lipid in the brain recognized as essential for normal brain function. The DHA used in PureNourish is sourced from Algae — a vegan source of DHA.

What are amino acids?

Amino acids are small molecules that are used as building blocks for all proteins, assisting in the creation and growth of muscles, connective tissue and skin.

What are essential amino acids?

Essential amino acids can't be made by your body and must be obtained through your diet. These are histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan and valine.

